

Rhythmic gymnastics club SK MG CHODOV PRAHA, Czech Republic

Would like to invite you to participate in the 20<sup>th</sup> International Rhythmic gymnastics tournament „Chodov Cup 2022“ in Prague, CZE



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2022**

Saturday 4<sup>th</sup> JUNE 2022, SPORTOVNÍ HALA JIŽNÍ MĚSTO,  
Květnového vítězství 1554/54, Praha 4 – Chodov, CZECH REPUBLIC

## 20<sup>th</sup> CHODOV CUP 2022, PRAGUE, CZECH REPUBLIC

- Proposed Schedule: Thursday 2<sup>nd</sup> June 2022 - arrival  
Friday 3<sup>rd</sup> June 2022 – arrival, training  
(14:00 - 18:00 training shedule will be prepared)  
**Saturday 4<sup>th</sup> June 2022 - competition**  
Sunday 5<sup>th</sup> June 2022 - departure
- Organizer: **SK MG CHODOV PRAHA, z.s.**  
**CZECH REPUBLIC**  
[www.gymnastikachodov.cz](http://www.gymnastikachodov.cz)  
[www.chodovcup.cz](http://www.chodovcup.cz)
- Competition hall: **SPORTOVNÍ HALA JIŽNÍ MĚSTO,**  
**Květnového vítězství 1554/54, Praha 4 – Chodov,**  
**CZE**
- Deadline for application: **Definitive and Nominative: 10<sup>th</sup> May 2022**
- Delegation: **6 persons in total:**  
**4 gymnasts (max. 2 gymnasts in one category)**  
**1 coach**  
**1 judge**
- Note: Total number of participating gymnasts is limited.
- Application send to: **Iveta Holá**  
**Tel.: +420 777 235 352**  
**E-mail: [chodovcup@email.cz](mailto:chodovcup@email.cz)**
- Expenses: Insurance, accommodation, meals and travel expenses to and from Prague **will not** be covered by organiser SK MG Chodov Praha. (Accommodation, meals and travel expenses are the responsibility of the participating clubs).

### **Possibility of accomodation:**

**Organiser offers hotel reservation and transport from the airport (bus, train station) to the hotel and back to airport (bus, train station) and from hotel to training and competition and back. All payments would be paid to the organiser. Please contact organiser for more information as soon as possible.**

**Request till 1<sup>st</sup> May 2022.**

Entry fee: **25 Euros per one gymnast – payment cash to organiser after your arrival**

Music: You can use CD.  
You can send MP3 music via email named as follows:

LAST NAME\_FIRST NAME\_CLUB\_STATE\_CATEGORY\_APPARATUS  
(NOVAKOVA\_JANA\_SKMGCHODOV\_CZE\_IV.CATEGORY\_HOOP)

E-mail: [chodovcup@email.cz](mailto:chodovcup@email.cz)

**Music MP3 must be sent till 26<sup>th</sup> MAY 2022.**

**Due to the Covid 19 pandemic, it is necessary to accept the actual restrictions of the Czech Republic government for arrival from abroad, stay and return. The organizer can not guarantee currently under which conditions/restrictions the competition will take place. During the competition, the anti-covid rules will also be valid and the organiser will inform all participants in advance about actual situation.**

## CATEGORIES CHODOV CUP 2022

### I. CATEGORY – HOPES - BORN 2012 and younger

#### **2 EXERCISES – exercise with ROPE and exercise with APPARATUS BY CHOICE**

Body Difficulty – max. 7 (min. 3), NO combination  
Dynamic elements with rotation - min. 1x - max. 2x  
Dance Steps - min. 2x  
Apparatus Difficulty – min. 1x – max. 10x  
Waves – min. 2x  
Non dominant hand (ball, ribbon) – min. 1x in DB

### II. CATEGORY – PREJUNIORS - BORN 2010 AND 2011

#### **2 EXERCISES – exercise with HOOP and exercise with APPARATUS BY CHOICE**

UEG/FIG Junior Code of points

### III. CATEGORY - JUNIORS - BORN 2007 - 2009

#### **3 EXERCISES – exercise with CLUBS, exercise with RIBBON and exercise with APPARATUS BY CHOICE**

UEG/FIG Junior Code of points

### IV. CATEGORY - SENIORS - BORN 2006 AND OLDER

#### **3 EXERCISES – exercise with HOOP, exercise with RIBBON and exercise with APPARATUS BY CHOICE**

FIG Senior Code of points

**Please send final tournament's applications till 10<sup>th</sup> May 2022!!!**

**We look forward to your participation in our competition in Prague!**

**Ivana Holá**

Head coach of SK MG Chodov Praha, z.s.

[www.gymnastikachodov.cz](http://www.gymnastikachodov.cz)

